

# Fall 2022 Student Success Center Workshop Series



## Student Success Center

Hardman and Jacobs Undergraduate Learning Center, Room 128

575-646-3136

To Request a Workshop Visit: <https://ssc.nmsu.edu/workshops/>

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### College Survival: Kickoff Your Path to Student Success

Date: Wednesday, August 24, 2022

Time: 2:30 PM – 3:30 PM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

New to NMSU? Or maybe you are just unsure about what it takes to be a successful student. Engage in a meaningful conversation that will jump-start your semester and help you develop a plan for academic success.

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### Managing Your Time Effectively

Date: Thursday, September 1, 2022

Time: 10:30 AM – 11:30 AM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Time Management is key to be a successful college student and employee in the future. Students will gain insight for learning how to manage their time effectively, which will promote a well-balanced academic and holistic lifestyle.

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### Effective Communication: Connecting with Faculty and Peers

Date: Wednesday, September 14, 2022

Time: 10:30 AM – 11:30 AM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Enhance collaborative learning and communication within the academic environment. Learn and discuss strategies and techniques to help you communicate effectively. This workshop will support students in developing strategies for improving their Emotional Intelligence in order to better communicate in various academic settings with peers, advisers, staff and faculty.

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### Study Skills: Enrich Your Classroom Experience!

Date: Thursday, October 6, 2022

Time: 11:00 AM – 12:00 PM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Learning and applying study skills in the classroom is crucial to earning good grades. This workshop will provide students with effective notetaking, textbook and participation strategies. Maximize your learning by enhancing your critical listening skills and becoming an active class participant.

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### Preparing for Graduate School: Keys to Understanding the Process!

Date: Tuesday, October 18, 2022

Time: 10:00 AM – 11:00 AM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Are you considering going to graduate or professional school? If so, this workshop is for you! Researching graduate programs, applying to graduate school programs, and components of the Graduate Record Exam (GRE) will be covered in this workshop.

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### Stress Management and Test Anxiety

Date: Friday, October 28, 2022

Time: 3:00 PM – 4:00 PM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

This workshop will focus on understanding stress and how it can impact individuals personally and in the academic setting, specifically test anxiety. You will learn stress management techniques that can enhance your ability to cope with test anxiety. Students will be provided information on becoming a more effective test taker and learn the importance of practicing self-care.

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**See Other Side for More!**

## **Bounce Back: How to Recover from Challenges!**

Date: Monday, November 7, 2022

Time: 10:00 AM – 11:00 AM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

All students encounter challenges at some point during their academic careers. Participants will learn how to turn setbacks into opportunities for learning and use their resources to become strong students. The power of grit will also be discussed.

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## **Managing Your Time Effectively**

Date: Wednesday, November 16, 2022

Time: 12:00 PM – 1:00 PM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Time Management is key to be a successful college student and employee in the future. Students will gain insight for learning how to manage their time effectively, which will promote a well-balanced academic and holistic lifestyle.

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## **Preparing for Finals Week: Creating a Preparation Plan is Half the Battle**

Date: Thursday, December 1, 2022

Time: 5:30 PM – 6:30 PM

Location: Zuhl Library, Room 225

Zoom Link: <https://nmsu.zoom.us/j/5426478015>

Are you considering going to graduate or professional school? If so, this workshop is for you! Researching graduate programs, applying to graduate school programs, and components of the Graduate Record Exam (GRE) will be covered in this workshop.

